



My Dear LSPS Students,

30<sup>th</sup> April, 2025

### EASTER LITURGY & TEACHER APPRECIATION



The **Easter Liturgy** was held on **11<sup>th</sup> April**, with **Fr. Paul Chung** as the celebrant. During the Teacher Appreciation event, the PTA and students sang a song to express their gratitude to all staff.





# Student Achievements

The **Chinese Orchestra** took part in the **5<sup>th</sup> Hong Kong Chinese Instrumental Contest – Chinese Orchestra Competition** on **11<sup>th</sup> April** and received the **Gold Award**. Marvellous!



The **Fencing Team** took part in **All Hong Kong Inter-Primary Schools Fencing Competition** on **13<sup>th</sup> April**. The results were as follows:

## ☀ Team Contest:

- **1<sup>st</sup> runner-up (Boys' A Grade Foil)**
- **Champion (Boys' B Grade Foil)**

## ☀ Individual Award Winners:

- **6F Tsui Shing Chun Brendan-Champion (Boys' A Grade Foil)**
- **5E Pun Yin Shing-Champion (Boys' B Grade Foil)**
- **6F Leung Lok Hei-1<sup>st</sup> runner-up (Boys' Epee)**

Well done! 👏







# 智能熊貓「悅」讀之旅



The "**Charming Chinese Culture**" activities were part of this year's **4.23 World Book Day** events that aimed to encourage students to read and learn about Chinese culture through various technologies and reading activities.





# Sports Day

The **Sports Day** was held at **Kowloon Bay Sports Ground** on **14<sup>th</sup> March**, where participants showcased their athletic talents and team spirit. The day celebrated the efforts of all participants and fostered a strong sense of community.





# NATIONAL SECURITY EDUCATION DAY 2025

Three short videos **Safeguarding National Security Together Through Thick and Thin, Hong Kong and the Motherland** and **Young Guardians of National Security Animated Video** were played during the Class Period on **15<sup>th</sup> April**.

After that, students participated in a game regarding knowledge about national security. Moreover, a talk with the topic "**National Security – Understanding National Security and the Hong Kong National Security Law**" was organised on **11<sup>th</sup> April** for **P.4-P.6 students** respectively.

The short videos and talk **enriched students' understanding of our country, nurtured a sense of belonging to our country, a sense of national identity, and their awareness and responsibility of safeguarding national security.**





# Activities

## DEVELOP A POSITIVE ATTITUDE



Maintaining a positive attitude throughout your life can help you find healthy coping mechanisms for challenges and stressful situations. Here are some tips:

### HELPING OTHERS

For instance, you can offer assistance to classmates if they need your help with something.

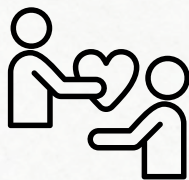


### RECORDING HAPPY MOMENTS

Keep a journal to record moments from your day that you find meaningful. You can also write down what you are grateful for.

### SET AND ACHIEVE GOALS

Set SMART goals and remember that there may be challenges ahead. These can be overcome with a plan.



### SHARING POSITIVITY

Share positive experiences in your life with friends and family.

### DEVELOPING NEW SKILLS AND TRYING NEW ACTIVITIES

Recognise your strengths and develop them. Try out new activities to unleash your talents.



### PRACTICING POSITIVE AFFIRMATIONS

Whenever you face difficulties, take a deep breath and say, "I can do this!"



# Prayer To Be More Positive In Life

Heavenly Father, grant me Your peace,  
which guards my heart against anxiety  
and pessimism.

Let Your peace reign in me, teaching me to  
trust in Your plans and to find rest in Your  
unchanging love.

As I stand in Your presence today, I pray  
for Your blessings upon my life today.

Help me to speak life. May my words be  
seasoned with grace, uplifting others and  
myself.

Let me be a beacon of hope, sharing Your  
love in ways that encourage and build up,  
rather than tear down.

In Jesus' name I pray, Amen!

Read Full Prayer @ [ChristiansTT.com](http://ChristiansTT.com)

St. John Baptist De La Salle,  
Pray for us.  
Live Jesus in our hearts,  
Forever!